

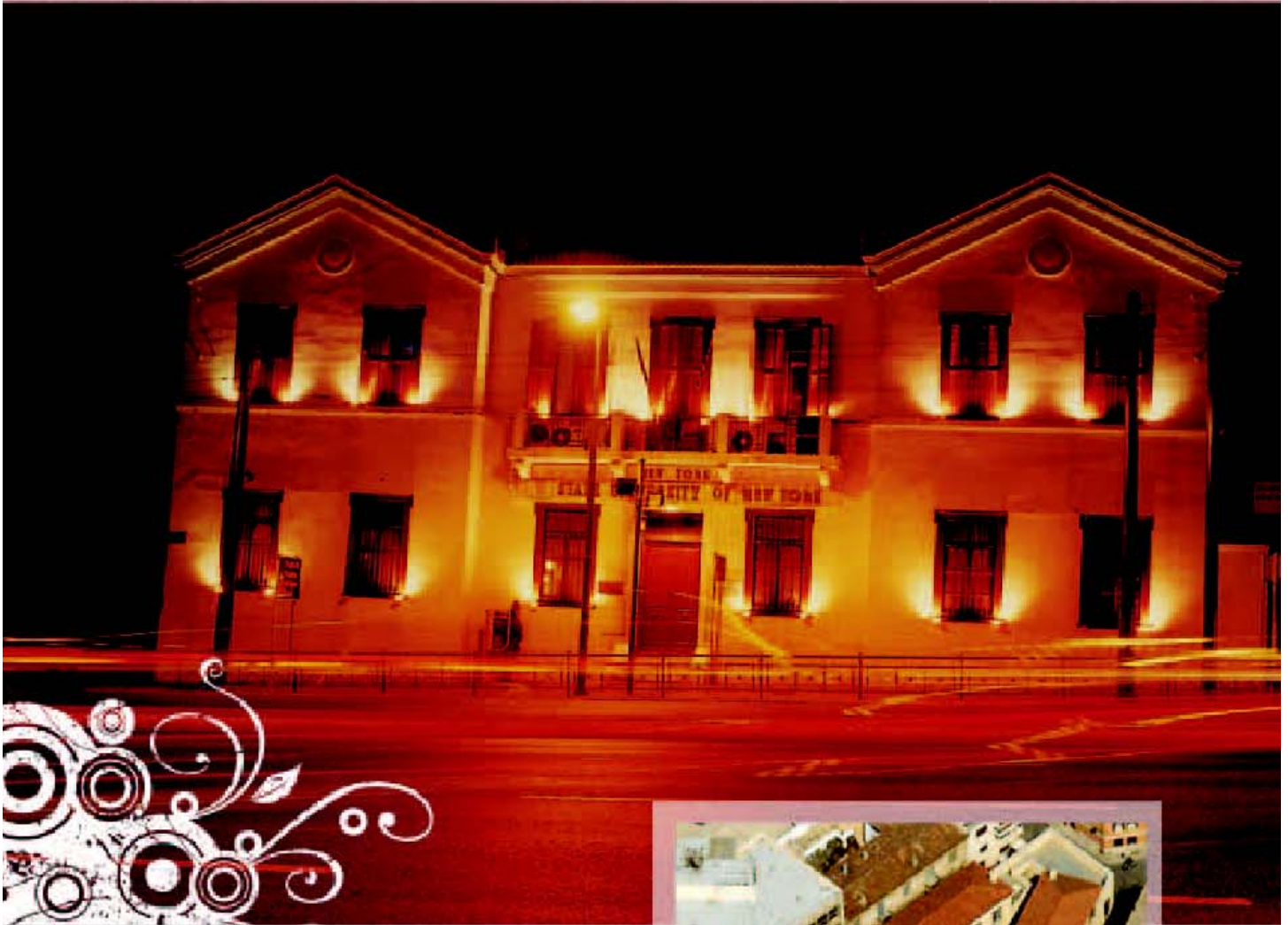
A Study Abroad Program “Pilgrimage to Greece”



New York College



Accredited by the
British Accreditation Council



The New York College main campus is situated at the heart of Athens, where we offer first-rate educational facilities in a friendly and welcoming environment.

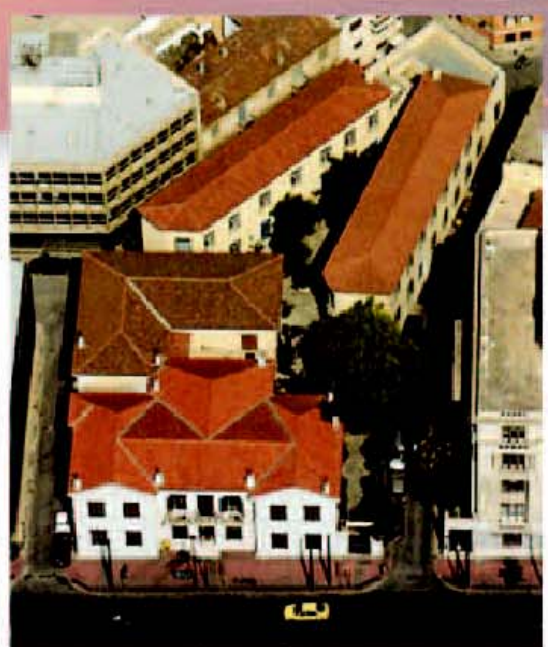


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(A) A Study Abroad Program and a Pilgrimage

For as long as recorded history has produced evidence of civilized existence among members of the human family, reason, culture, customs, religion, and tradition have been conceived, preserved, and transmitted, from generation to generation, as accumulated knowledge, by language, through informal contacts and processes, and by education, through formal institutions, policies and procedures.

At the center of this endeavor to distinguish human from beast, has been the force of the spirit and the power of the mind of the Greeks.

Giants among men of conscience, and intellect, and influence, have recognized the contribution of Greek thinkers and their legacy to humanity.

The glorious achievements of the Greek mind were not the product of happenstance, but, rather, the result of adherence to the rigid requirements of the pursuit of excellence and virtue, truth and justice, and the vigorous defense of the concepts of freedom, democracy, and the value of individual existence.

Lofty ideals, irrefutable truths, and eternal principles, have been bequeathed to all descendants, and have been made part of the intellectual foundation of humanity.

The cornerstone of any human intellectual activity is education.

Those wishing to enrich their academic experience with “a brief immersion in Hellenism”, could take advantage of our Study Abroad Program, after having perused the information contained this New York College booklet, entitled “A Study Abroad Program and a Pilgrimage”.

(B)
Welcome message from Tom Chionos, B.A., J.D.,
NYC Provost

Dear Sir/Madam:

Life Magazine, in the early 1960s, in a series of Time-Life books on Ancient Civilizations, and more specifically in its tome on Ancient Athens, commenced its introductory text, as closely as I can recall, as follows: *In the long history of humanity's journey through darkness, there was only one ray of sunshine: the Golden Age of Athens.*

Visitors, through the millennia, have stood in awe when gazing upon the marble marvels of the Parthenon. Their imagination aflame, they conjure up images of Pericles overseeing the construction plans of Iktinos and Kalikratis, and the drawings of Phedias and sketchy representations of the proposed gold and ivory statue of Goddess Athena. Closing their eyes, they can see Socrates walking with Plato and debating with the Sophists. They can hear Saint Paul preaching from atop the rock at Pnyka. They join the sacred procession to Eleusis in order to participate in the Mysteries of Love, Life, and Death.

However, marble columns and statues, theaters, stadiums and Olympic Games; rousing oratory and drama; and notions of virtue, metron, truth and justice and the pursuit of excellence, are the product and by-product of a civilization created by a people of original thinkers, who subjected mind and matter to the excruciating agony of tempting the limits of human capacity, and who, with the hammer of logic and the anvil of science, forged a way of thinking and a manner of living nonexistent previously, and unequalled since.

The Greek "key" to unlocking the miracle of the mind and the mysteries of the universe was a rigorous system of education, the purpose of which was to ask original questions, seek ultimate answers, and formulate eternal principles.

We, of the New York College Educational Group, loyal to this tradition, have been, for approximately twenty years, providing American and European undergraduate and graduate university education (through a series of affiliations with prestigious universities from the United States and Europe), to students from more than 40 different countries, at our campuses in Athens, Thessaloniki, Prague, Tirana, Belgrade, and Skopje.

The degrees received by our graduates are conferred by our collaborating institutions (all accredited by the authorities of their respective country), and alumni of our Group have been accepted for graduate studies by some of the most renowned universities of the United States and Europe.

As part of our educational endeavors, we have administered, for a number of years, student exchange and study abroad programs.

We are now embarking on an effort of informing prospective students of a new and exciting Study Abroad, six-week, summer session, with specially designed course offerings, which, we are confident, will prove intellectually challenging, academically interesting, and personally rewarding. Arts, culture, travel, entertainment, and sports activities are enticingly combined with academics.

In this regard, it goes without saying that “the family” may join you, upon completion of your summer session, for an island cruise, or a visit to “the village.” We can assist you with your plans.

For further information and details, **please contact Ms. Florensa Haxhi** at:
Tel. +30 (210) 322-5961; E-mail: fhaxhi@nyc.gr or studyabroad@nyc.gr.

For Greeks of the Diaspora, as well as for Philhellenes, and those seeking a “once-in-a-lifetime-experience,” Greece, with all the bounties bestowed upon her by nature, has been “an ancestral home.”

Let us welcome you home.

Tom Chionos, B.A., J.D.
Provost

(C)

All you need to know about the program

International students intending to travel to and study at New York College have made a decision which will mark their academic, spiritual, and life-journey in ways which cannot be repeated or duplicated.

Greece and New York College offer an opportunity to international students to walk on the steps of Socrates and St.Paul; to partake of an ancient culture, a modern society, and a tradition of hospitality; to visit historic Delphi and Olympia; the national archeological museum and the several art galleries in the city of Athens; the mysterious Meteora monasteries; the magical beaches of Mykonos and Santorini; and to experience the cosmopolitan sights and sounds of Athens. All this while attending classes at the New York College campus (a few steps from the Parthenon, and at the swank northern suburb of Kifisia) in an academic environment created and functioning on the American educational paradigm.

In order to make this once-in-a-life-time experience pleasant, productive, and memorable, the international candidate for the program needs to be aware of certain preparatory steps, actions, and procedures which must be followed with strict adherence to detail so that visa, travel, and other bureaucratic requirements can be satisfied and, thus, leave the student free to participate in the exciting academic and extracurricular plans and programs scheduled for his/her sojourn in Greece.

1. FACTORS TO CONSIDER BEFORE DECIDING TO STUDY ABROAD

“Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do.

So throw off the bowlines, sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover.”

Mark Twain

- **Why do you want to study abroad?**

This by far is the most important question you can ask yourself. Going overseas because your friends are should not necessarily be the only reason. Consider what you will learn from your experience abroad and how you can incorporate these skills into your career goals.

- **Academic Enrichment**

A study abroad experience will enhance your university education with a global perspective. Exposure to foreign languages, customs, and attitudes of people in another country will, ultimately, teach you more about your own culture.

- **Personal Growth**

Students who study abroad must leave comfortable surroundings and move into an entirely new environment without the support of family and friends. Although daunting, the benefits of this experience far outweigh any short term discomfiture resulting from separation, dislocation, and cultural “adjustment”.

Adjusting to their new life in a foreign country, students soon discover their own strengths and weaknesses and grow in self-awareness and self-confidence.

- **Career Benefits**

International exposure gives college graduates a distinct competitive edge in the job market of today’s globalized economy. Interacting with classmates from different ethnic backgrounds teaches students the dynamics of cross-cultural interaction and an appreciation for cultural sensitivities – invaluable assets for future employees of multinational corporations, educational institutions, or government agencies.

What are the important considerations to examine regarding my study abroad experience?

Some factors to consider during the selection process are cost, location, courses available, cross-cultural experiences to be gained, and whether or not proficiency in a foreign language is required.

How much immersion do I want to have while abroad?

Participants in a study abroad program have the opportunity to experience life in another culture. Living in another culture provides the opportunity to expand your horizons and develop an appreciation for different lifestyles, and approach to living. Celebrating different holidays than are celebrated in your own country, being exposed to varying social attitudes, religious observances and political views, and participating in, and sharing of, local customs, traditions, food, music, and dance, fosters caring and bonding, and helps you establish new friendships and

relationships. As a consequence, the total experience proves intellectually challenging, academically fulfilling, emotionally satisfying, socially reassuring, and spiritually uplifting.

How much immersion? You decide.

2. INTRODUCING NEW YORK COLLEGE

Welcome to New York College!

This guide will provide you with some important information to help you prepare for your stay at New York College. We hope it answers many of your questions. Please contact us if you have further inquiries.

About New York College:

New York College (NYC) was founded in 1989 with the assistance of the State University of New York, at New Paltz and Empire State College, to provide Greek students the opportunity to receive an American university education leading to an accredited degree. It offers academic programs in collaboration with the State University of New York (SUNY), Empire State College. The New York College undergraduate curriculum has been developed in affiliation with, and approved for transfer credit by, SUNY, Empire State College.

In April, 1998 NYC established the first university abroad, the University of New York, Prague (UNYP) in the Czech Republic. Like NYC, UNYP offers undergraduate programs with the assistance of SUNY Empire State College as well as graduate degree programs identical to those offered in Athens.

NYC's Thessaloniki branch began accepting students in 2001, and provides the same higher education opportunities to students in Northern Greece and the Balkans. Students at the Thessaloniki campus can complete the Bachelor's degree programs of SUNY Empire State College.

In September 2002, NYC established the first private university in Tirana, Albania, the University of New York in Tirana (UNYT). Situated in the heart of a fast developing city, UNYT made its entrance into the Balkan region as a dynamic and multicultural center for higher education.

The past few years have found NYC working to continue the development of its academic programs in order to meet the demands of students and alumni who are interacting in an increasingly complex and global marketplace.

In this connection, a number of affiliations were established with several distinguished American and European universities: National American University, (USA); La Salle University, (Philadelphia, USA); Nova Southeastern University, (Florida, USA); University of Sunderland, (UK); the University of Greenwich, (UK); Bolton University, (UK); the Institut Universitaire Kurt Bosch – IUKB, (Switzerland); the Ecole Supérieure de Gestion – Paris Graduate School of Management, (France).

While all of our affiliated institutions are accredited by the appropriate academic accrediting bodies and authorities of their “home” state and country; they recognize, accept, and transfer credits for courses taken; and confer their degrees to our students upon graduation, NYC—following rigorous “validation” and “evaluation” procedures—is itself the recipient of “accreditation”, with respect to its British curricula, by EDEXCEL and the British Accreditation Council (BAC).

NYC, being at the forefront of academic developments, in addition to traditional “in-class” modes of delivery, offers a wide range of academic options in a distance learning format. This, together with weekend Master’s Programs, and Ph.D. Degrees, addresses the needs of working professionals and those who, otherwise, would have been excluded from university education, as a consequence of personal, professional, or geographic impediments.

Today, more than 3,000 students from more than 45 countries study at NYC campuses. NYC is committed to the highest standards of education, as well as to the support and employability endeavours of all its students and alumni. The faculty and administration continue to strive to ensure an environment that allows students to reach their academic potential by fostering quality instruction, constantly improving academic facilities and student welfare services, providing opportunities for study abroad, and support in starting careers in the local or international job market. For additional, general information please visit our web site (www.nyc.gr).

3. PROGRAM DETAILS

a) Admission Requirements

While all interested applicants should be high school graduates, and/or university students, for whom courses attended and credits earned through this program are recognized and transferable to their “home” university, “independent studies”, and “not-for-credit” participation, can be considered and arranged.

Since all instruction is conducted in English (with the exception of Greek language courses), proficiency in the English language is a prerequisite.

b) Academic details

All students are expected to attend classes, take exams, read required materials, complete homework, etc. They must follow the local academic calendar for these activities. If a student does not maintain good academic standing while abroad he/she may fail the course.

With respect to the schedule of courses, hours of instruction, grading policy, academic integrity, and absenteeism, the standard American university policies and procedures are observed and implemented.

Admission at our Study Abroad Program may be sought at both undergraduate and graduate level. The relevant details are provided below.

i) Undergraduate Program

While the specific starting and ending dates may differ from year-to-year, the program lasts for five weeks, commencing, approximately, the third week of June, and ending, approximately, the fourth week of July, specific dates will be provided to prospective applicants at the time of their first enquiry.

Tentative dates for 2009 Program are: Starting Monday, June 22, and ending July 26.

Course offerings

NY 721102 Ancient Greek Philosophy

NY 713105 History of Immigration

NY 90359 Communication Among Cultures

NY 734107 European Union Structure and Institutions

NY 503103 Economics of the European Union

NY 753102 Marketing

NY 502106 Money & Banking

Course descriptions

NY 721103 Ancient Greek Philosophy

A general introduction to the origin and development of philosophical thought among the Pre-Socratics, Socrates, Plato, and Aristotle, with a detailed analysis of representative texts. Problems in metaphysics, epistemology, ethics, and religion in their historical and cultural context.

NY 734107 European Union: Structure and Institutions

The emergence of the European Union is one of the most significant political changes already shaping the 21st century. It already impacts legislation, transatlantic relations, agriculture, health and consumer protection, market consolidation, and many other areas and professions. This course is designed to introduce the history, institutions and structure of the European Union to students from a multi-disciplinary perspective.

Economics of the European Union

An analysis of various aspects of the E.U. In particular, it will address issues such as the impact from formation of a customs union to an economic and political union, on various sectors of the economy (e.g. agricultural, industrial), and the impact - and efficiency - of monetary and fiscal policies designed to solve problems due to this development. (Pre.: C- in Intro to Macroeconomics.)

NY 90359 Communication Among Cultures

Understanding how culture shapes our perceptions and communication behaviors. Strategies for effective cross-cultural and intercultural communication.

NY 713105 History of Immigration

Examines the numerous immigrant groups in American society from the seventeenth century through the present and focuses on adaptation to American values, and the changing culture of the United States. The course will also examine the phenomenon of immigration in Europe, and it will focus on the changing role of Greece from a sender to a host of immigrants.

NY 502106 Money & Banking

This course presents the conceptual framework for understanding theories of money and banking, especially as they concern the changing aspects of modern society. Students develop a better understanding of the theoretical, institutional, historical, and empirical considerations of money and banking. (Pre: Macroeconomics)

NY 241101 Principles of Marketing

This course is designed to acquaint the student with the principles and problems of the marketing of goods and the methods of distribution from producer or manufacturer to the consumer. The course includes a study of the types, functions, and practices of wholesalers and retailers in the American marketing system and of efficient marketing techniques in the development and expansion of American and foreign markets.

ii) Graduate Program

While the specific starting and ending dates may differ from year-to-year, the program lasts for two weekends, commencing, approximately, the second weekend of July, and ending, approximately, the fourth weekend of July, specific dates will be provided to prospective applicants at the time of their first enquiry.

Tentative dates for 2009 Paris Graduate School of Management Program are: Starting Friday, July 10, and ending Sunday, July 19.

Tentative dates for 2009 Institut Universitaire Kurt Bosch Program are: Starting Friday, July 17, and ending Sunday, July 26.

Course offerings

Knowledge Management

Industrial Relations

Sales Management

Financial Markets

Corporate Strategy

Course descriptions

Knowledge Management

This module is designed to demonstrate the value of knowledge management as a key management tool within a corporate environment. Students will examine in a systematic manner the key components of a knowledge management system, including related technologies, knowledge based processes and human resource related factors in order to be able to synthesize an integrated approach for developing a practical knowledge management system within a corporate environment.

Industrial Relations

This course has been designed to offer participants the required knowledge on the legislative framework, as this has been shaped by the latest changes in the labour matters, with particular emphasis on rights and obligations of the employers and employees; labour contracts; working time; leaves; security and health within the working environment; dismissals; movement of employees. The aim of the course is to equip participants with the knowledge of the legal framework governing employment and labour relations on a local and international level.

Sales Management

This module is intended to help lift the fog encasing sales. While there is no one set of retailing and sales decisions that is right for all situations, it offers valuable insight into what really works – sales strategies that align business processes and sales. Students will have a unique opportunity to learn how to operate sales models that are consistent with both the applications in which they have invested and the business processes they are trying to execute, automate, and improve in the field of sales - gaining thus competitive advantage.

Financial Markets

This course enables students to show an understanding of the structure of financial institutions and the capital markets; know the location and functioning of the main financial centres; understand the role of the issues and borrowers, the investors and the intermediaries; know the regulatory framework; are introduced to the theory and practice of the prediction of price moves; have an overview of the money market instruments, securities, bonds, derivatives and swaps. Specifically pricing of those instruments and securities and how they can be used for trading and hedging.

Corporate Strategy

The purpose of this course is to provide an insight into the issues and problems which are commonly encountered in formulating strategy. The latest theoretical and practical approaches are emphasized very intensively. The course reflects global and international aspects, as well as theoretical knowledge from a number of different courses such as international management, marketing, international organizational behavior etc.

c) Transferability of credits and transmission of transcripts

With respect to transfer of credits earned, applicants are advised as follows:

1. Credits, courses, programs, and degrees are offered in conjunction and collaboration with affiliated, accredited, major American and European universities.
2. Credits earned through this program are, therefore, accepted and maybe transferable to most universities.
3. Whether the specific courses for which you will enroll may be included (for degree-earning purposes) in your field of studies, it is the responsibility of each applicant to inquire with the appropriate academic authorities of his/her home university for ultimate determination.
4. In order for transcripts of your attendance and records of achievement to be properly transmitted it is necessary that you provide us with a name, address, and other pertinent details of your home institution, to which you wish to have such transcripts transmitted.

d) Program Cost

The total cost of this program is as follows:

- Undergraduate (Single room): 4,500 Euros
(Double room): 4,000 Euros
- Graduate (Single room only): 2,700 Euros

The Fees for both the Undergraduate and the MBA Programs include:

- International Student Fee
- Tuition Fees for two undergraduate courses, or one MBA course.
- Housing: Single or double occupancy.
- Breakfast
- Lunch: Monday-to-Thursday for undergraduate, and for the entire week for MBA students.
- Transportation from and to the airport
- Guided Tours of Athens-Acropolis, and Cape Sounio; site visits & museums
- One-day cruise to three islands
- Seminars & Workshops

The program fees **DO NOT INCLUDE:**

- Textbooks
- Round-trip fare
- Optional outings & excursions
- Personal expenses (students can expect to spend 150 to 200 EUROS per week on additional meals, laundry, entertainment, and miscellaneous expenses)
- Medical Insurance
- Transportation costs within the city of Athens

New York College reserves the right to change or cancel any course, program, degree, and professional affiliation, without explanation, or prior notification to third parties.

Courses, programs, and degrees, which have commenced and are already in progress, will be completed, and those registered for and attending same, will be assured of completion of their studies, graduation, and conferring of the degrees as agreed.

4. PREDEPARTURE AND TRAVEL INFORMATION, INSTRUCTIONS AND PREPARATIONS

1. US and non-US citizens need a passport both to enter other countries and return to the United States, or any other country. If you already have a passport, make sure it is valid until at least six months after your return date.
2. For any visit of a less than 90-day duration, students from the US need no visa. They can travel on their “valid” US passport.
3. Every student is expected to make his/her own arrangements for travel to-and-from Greece, and provide us with all travel details (day, date, airline, flight number, and time of arrival at Athens international Airport).

Students should make all arrangements with a travel agency. The travel agent will assist with travel questions, and make the arrangements that best meet the students’ personal needs. Students may reserve a flight with the travel agency or make independent arrangements if they wish.

Suggested inexpensive airfares can be secured through sites such as:

- [Travel.org](#)
- [Travelocity](#)
- [Expedia](#)
- [Orbitz](#)
- [Hotwire](#)

4. You are expected to be in Athens the day the program begins and remain for the duration of the program. If you arrive earlier, you need to make your own housing arrangements. If a student does not check-in on the first official day of the program, this will be considered an emergency and the emergency contact listed on his/her application will be contacted. If a student wishes to bring a visitor with him/her, the college can not provide administrative support (transportation, housing, childcare, etc.). Accompanying non-participants are not part of the program and therefore NYC cannot assume responsibility for them.

We, of course, are always ready to assist with all our available resources.

Whether the students are leaving to go abroad or to return home, they must always confirm their flight well in advance of the scheduled departure. They should arrive at the airport at least two-and-half hours before departure. If students should experience difficulty with their flight, they should contact their travel agent and/or the airline of their choice.

5. **It is very important that upon one's arrival at a Schengen Country Airport** (Belgium, Denmark, Finland, France, Germany, Greece, Iceland, Italy, Luxembourg, The Netherlands, Norway, Portugal, Spain) **one's US passport be stamped with the ENTRY STAMP (entry shows the exact date the student entered the country)**. Due to the fact that a student may, prior to landing in Greece, land in another Schengen treaty country while in transit, the airport authorities in the first Schengen contact country, usually, do not stamp passports of passengers in transit to another Schengen country. Therefore, it is incumbent upon the student to demand that his/her passport be stamped with the entry stamp at the airport of the first Schengen contact country. Failure to do this will result in denial by the Greek airport authorities to place an entry stamp on the passport, with extremely serious consequences on a student's subsequent application for a residence permit in Greece.
6. Even though the campus at Kastri (where students will be staying), is fully equipped with computers and internet service, students are instructed to bring their own laptop in order to avoid delays if all computers are busy, or if a technical problem occurs.
7. Other Important Documents to Take Abroad may be the following:
 - Copies of important documents
You should take an official certified copy of your birth certificate and a photocopy of the "picture page" or "details page" of your passport. These are invaluable documents to have in the event a passport is lost or stolen. These copies should be kept in a secure place, separate from the originals. Additional copies should be left in the U.S. with your family.
 - Extra Photographs
You should bring along several additional passport size photographs for identity cards, visa applications, or simply to give to friends. Often these are required for registration.

5. ARRIVING IN GREECE

Expenses on Arrival

1. Students are required to bring with them a sufficient amount of money (preferably cash) to meet initial expenses when they arrive in Greece. They should bring sufficient money to allow for the cost of their first day expenses.
2. Students should carry only enough cash for everyday transactions and try to carry most of their funds in the form of euro traveller's cheques. This is safer than carrying cash, as traveller's cheques can be replaced if they are lost or stolen. If cash is stolen, it is unlikely to be insured.

Students arriving by airplane

Students should keep in mind that long international flights can be demanding, as the body adjusts to different time zones and students may experience disruptions to normal sleeping patterns. To help the body adjust in flight, students should try the following suggestions:

- Drink plenty of non-alcoholic liquids to prevent dehydration.
- Eat light meals on longer flights.
- Exercise by occasionally walking along the aisles.
- Help blood circulation with simple exercises such as rotating the ankles while seated
- Should a student feel unwell during the flight he/she should inform a flight attendant.

a. Travel Insurance

Students should insure their belongings before they travel so that their belongings are covered while they are travelling.

b. Luggage

Students should be very careful when they are about to collect their luggage after arrival and make sure they know where to collect it. The flight number should be listed on a monitor above the appropriate baggage collection point. If any of their luggage is missing, they should contact the airport authorities immediately.

Luggage delays are common. Clearly labeling luggage with name and destination address helps in case the baggage tag becomes detached.

c. Things to Remember:

- Traveller's checks, passport, insurance policies, etc., should all be in your hand luggage (carry-on). Make copies of them and keep these in a separate, safe place in case the originals are lost or stolen. Also, leave another copy of these documents with family or friends as an added precaution.
- Do not bring expensive or valuable items unless you really have nowhere else to leave them. If you do bring valuables make sure they are insured and, if possible, securely stored at all times.
- Do not keep all your cash, checks, and credit cards in the same place (this makes it harder to lose all items at once).
- Never carry packages for someone else.
- Proper suitcases offer the best protection for your checked luggage. They should be labeled on the outside as well as on the inside.
- If you have more luggage than is allowed free for each passenger, then you could pay for excess luggage (expensive) or consider sending it as unaccompanied packages.
- Carry essentials plus spare clothing in your hand luggage. Keep both the size and the weight of your hand luggage down to avoid it being taken off you at check-in or at the gate (one piece is safest to avoid problems). Airlines vary in the size and weight of hand luggage(carry-on) that they will permit you to carry on board.

d. Customs

Once you have cleared immigration and collected your luggage, you will be required to go through Customs. You should check prior to leaving your country what goods are prohibited, restricted, or require special import permission.

- Illegal drugs (such as heroine, morphine, cocaine, cannabis, amphetamines, barbiturates and LSD);
- Offensive weapons (such as flick knives, sword-sticks, knuckle-dusters and some martial arts equipment);
- Obscene materials and indecent and obscene material featuring children (such as books, magazines, films, videotapes, laser discs and computer software);
- Counterfeit and copied goods (such as watches, clothes and CD's) or any goods with false marks of origin. Restricted goods (cannot be imported without special permission);
- Firearms, explosives and ammunition (including electric shock devices and gas canisters);
- Dogs, cats and any other animals (including snakes, rabbits, mice, rats and gerbils);
- Live birds (including family pets);
- Endangered species (including birds and plants, whether alive or dead) together with fur, ivory, and leather – or goods made from them – that have been taken from endangered species;

- Meat, poultry and their products (including bacon, ham, sausages, eggs, milk and cream);
- Certain plants and their fruits (including trees, shrubs, potatoes, certain fruit, bulbs and seeds);
- Radio transmitters (such as CB radios) that are not approved for use in Greece; you will be allowed certain duty tax-free allowances, details of which you should check prior to leaving the country of origin.

Students arriving by land, or boat transportation

a. Land Transportation (through the Balkans)

- Students wishing to travel to Greece through the Balkans, the countries adjacent to it, and through which one must pass, are Albania, FYROM, and Bulgaria. There is regular bus, or train service, and, of course, one may choose to use a personal, or a rented car for the journey.
- If a student plans to drive, it is mandatory that he/she visit the nearest Greek Consulate for details regarding ownership, registration, insurance, international driver's licensing, and traffic rules and regulations for Greece. While bringing one's own car to Greece may be convenient, students should consider the fact that **a)** it is not necessary (car rentals are available and rather inexpensive), and **b)** parking in Athens is difficult to find and expensive.

b. Sea Transportation

Some students may prefer coming to Athens by boat. Such mode of transportation may be available from Italy. Those interested need to explore (on their own), the possibilities and details.

We make all reasonable efforts to meet new international students upon their arrival in Athens in order to escort them to our facilities at Kastri. In case such arrangement cannot be made, we make taxi service available for newly arriving students.

6. ACCOMMODATION

The students enrolled in the Study Abroad Program will have the opportunity to stay in the hotel rooms located in the same complex of facilities where their classes are held. Each room is furnished with a bed, closet, desk and chair, A/C, telephone, and en-suite bathroom. The rooms overlook five acres of trees and gardens. During student stay, in addition to their meals, all standard hotel services will be provided.

7. ORIENTATION

Welcoming dinner and orientation session

Once all students have arrived, we will welcome them with a dinner and orientation session, during which all details of the program will be presented, and any questions, or requests for further information will be entertained.

8. CLASSES BEGIN

Classes, instruction, syllabi, course material, and other academic requirements are presented and conducted as per “the Bulletin”, and the applicable provisions of “the agreement”, as outlined and explained by and through our “Study Abroad” program coordinator, and or our other representatives and employees.

9. SERVICES AND SUPPORT FOR STUDENTS

There is a number of services provided by New York College to assist and support the students during their stay in Greece.

1. Academic support

All students will be assigned a personal advisor with whom they will meet at a predetermined date and time after their arrival.

2. Counselling Service

The service is free and available to everyone. During the time they will spend with us, the students may encounter difficulties which they might find hard to

share with friends or members of the staff. New York College Counselling Service will help them discuss personal or confidential issues.

Counselling provides a confidential setting where students may discuss freely any personal issues of concern to them. Counselling is a place where they can explore their thoughts and feelings and gain greater understanding of their issues of interest. A counsellor will help the students, upon request, to think through their options for making changes and work towards finding solutions to their problems.

Students should note that the service operates on an appointment basis. However, in case of emergency they are advised to call the program director and request an emergency appointment.

All other appointments can also be made by calling the counselling director.

Photocopying Services

All students may photocopy at Kastri Campus in the designated area. The charges are included in the program cost.

Print Services

All students may print using the computers at Kastri campus, where they will be staying. The charges are, similarly, covered in the cost of the program.

Sports Activities

Opportunities to participate in recreational activities are of primary importance. The Sports Service Department is responsible for promoting various sports activities in which all students may participate, such as tennis, swimming, soccer, etc.

Restaurant and Coffee Shop

The Kastri campus has its own restaurant and cafeteria where students may have breakfast, lunch and dinner; or enjoy snacks, beverages, or a light snack.

International Student Identity Card (ISIC)

Since a student's own university student ID may not be honored in Greece, New York College will provide students, upon arrival, with the International Student Identity Card (ISIC). This card is a single, uniform document recognized worldwide as proof of student status. The College will make all the necessary arrangements, assume the cost, and issue these cards to the students. The students are required to send a clear photo of their face (the size of the driver's license photo) through e-mail about one week prior to their arrival, in order for NYC to process the ISIC.

The ISIC offers many benefits, such as student discounts on airfare, transportation, and accommodations, and reduced admission to museums, theaters, cultural events, cinemas, and other attractions. The card is accompanied with a handbook, which lists exactly the types of discounts, and the addresses and phone numbers of student travel offices around the world. Besides the student discounts, the ISIC provides free travel insurance (valid for before and after the program dates) and an emergency assistance line. If a student should need to use the insurance benefits, he/she will need to have a copy of the card and proof of purchase for any claim.

For a list of card benefits, see: <http://www.isicus.com>

10. LIVING IN GREECE

Alcohol and Drugs

It is illegal for shopkeepers and licensees to sell alcohol to anyone under the age of 18, or to someone else who is buying it for consumption by the under aged.

It is a criminal offense to buy, sell, possess, or use certain drugs, for example: cocaine, heroin, LSD (acid), cannabis, amphetamines (speed), and ecstasy (E). This is not a complete list. Penalties may range from a fine to imprisonment and, in all cases, you are subjected to a costly court trial.

Appointments

Always arrive on time for a meeting or appointment, whether academic or social. Lectures and tutorials usually start on time and those absent will be noted. If you have to miss a class, an explanation to the tutor will be expected.

Clothing (Weather)

The clothes that you will need in Greece are determined by the weather. The climate in Greece is what is usually known as “Mediterranean” or “temperate” weather. Temperatures rarely drop below 0C, but it is very common to rise above 35C. It is advisable to bring with you (or buy on arrival, suitable clothing to cope with the Mediterranean climate – mainly you will need summer type clothes). Athens has extensive shopping areas where you can buy everything you may require.

Students from warmer countries will find the weather in Greece quite pleasant. While during the summer there can be brief periods of very warm weather, these brief spells ought not to be matters of serious concern, especially in the area where the campus is located.

Tips on Clothing:

- It is suggested that students bring some “club clothes”. A tie and dress/skirt are suggested for possible dressier occasions.
- Students must not forget:
 - Lightweight clothing
 - Good walking shoes
 - Hiking shoes / boots; also warm socks for the winter visits to archaeological sites
 - Bathing suits
 - An overnight bag or knapsack is necessary for short trips
 - A sleeping bag is necessary if you plan to hike or stay in hostels during personal travel
- Travel guides often suggest that you set out all the clothing you think you need to take, and then reject one half of it. Taken with a grain of salt this is good advice!!

Cost of living and other Expenses

The cost of living is considered quite reasonable in Athens. Below you will find a table indicating the approximate amounts required for living in Athens (your actual expenditures will vary depending on your lifestyle).

Students can expect to spend 150 to 200 EUROS per week on additional meals, laundry, entertainment, and miscellaneous expenses.

You must secure sufficient funds for your academic fees and your living and maintenance costs before you come to New York College to start the program of study, or have ready access to funds through credit cards, or wire transfers.

Culture Shock

Coming to a new country and environment can be an unsettling experience. The first few days may be full of activities. You will meet new friends, taste new foods, and hear new languages. However, as things become more settled and the student starts to adjust to the new environment, he/she may feel homesick.

Most of all, students should remember that homesickness is a natural feeling experienced by many people. It is important that they do not isolate themselves, but try to enjoy the time they are here as much as possible. After all, the program only lasts for six weeks.

Greek Currency and Banking

The currency used in Greece is the European currency – “Euro” (€). The Euro banknotes are issued in the denominations 5€, 10€, 20€, 50€, 100€, 200€, 500€, 1000€ (their different colours and sizes help with identification).

Coins come in 1c, 2c, 5c, 10c, 20c, 50c, 1€, 2€,

Before a student leaves the home country one will have to inform one’s bank that one will be travelling abroad in order for them to make the ATM services available, as well as many other financial services and exchange facilities. In case a student decides to bring traveller’s checks, it is required by the cashing bank that he/she has the purchase receipt with him/her, when he/she decides to cash them.

a) *Bank working hours in Greece are:*

Monday to Friday from: 08:00 To: 14:00

They are closed on Saturday and Sunday. If the students wish to use exchange services there are various Currency Exchange shops, which they may visit to exchange money.

Once in Athens, if students wish to receive money from home, it is advisable to use companies who specialize in quick money transfers, such as Western Union Service. Students, then, will receive the money immediately from any Western Union office.

b) *Changing Currency*

Traveller’s checks and students’ national currency may be converted to euros at banks or “Money Exchange” offices. Most “Money Exchange” offices are open for longer hours but may be more expensive than banks in their exchange charges.

c) *Currency Exchange Rates*

The currency exchange rates can vary and fluctuate wildly. Depending on the country from which they come from, some students may need approval to exchange currency and transfer it to Greece. They should apply as early as possible to the appropriate authority in their country for release of foreign currency because the procedure can be time consuming. You may use the following site for more information on currency exchange, www.xe.com .

d) *Debit/Credit Cards*

Debit/credit cards are very useful and are highly recommended. Having a debit/credit card allows you to withdraw cash (local currency) directly from the ATMs. VISA, MasterCard, American Express, and Cirrus cards with an international PIN number can be used at many ATMs. (CHECK WITH YOUR BANK TO MAKE SURE!) VISA cards without PINs are honored at all branches of the Commercial Bank of Greece. Master Cards without PINs are honored at all branches of the National Bank of Greece. Charges for withdrawals vary.

When withdrawing Euros from the ATM, it is recommended that you take out a larger amount of money than immediately needed, in order to avoid many withdrawal charges. American Express Cards without PINs in Greece can only be used at an American Express office and, unlike VISA and MasterCard, must be supported by a personal check book.

Electricity / Appliances

The standard Greek voltage is 220volts. Electrical outlet sockets take 2-pin plugs. Bring a transformer or adapter with you or buy one in Greece before trying to use your electrical items (such as laptops, cell phones, etc.) in Greece. Never put bare wires into an electrical outlet socket.

For more information about electricity, read the World Electric Guide available at:

<http://kropla.com/electric.htm>

If a student is arrested

In case of an arrest, the student should immediately call Ms. Haxhi, at the Emergency number 6974762079 to arrange for legal representation. Refusal to answer questions regarding the student's whereabouts or to explain items in his/her possession could be held against the student in court, so legal advice is needed as soon as possible.

Anyone is entitled to contact by phone any person he/she wishes when arrested, hence, you are strongly urged to take all possible steps in seeing that your rights and freedoms are protected.

Purchases

Most large shops accept payment by credit and debit cards, as well as checks with a valid banker's card from Greek banks, and cash. Smaller shops, however, may not accept credit or debit cards or may charge a fee for using them—especially for small amounts. Students should make sure that the shop accepts their method of payment, before proceeding with a purchase.

Safety and Security

Athens is considered a safe city. However, as in all cities, students are advised to avoid situations where they could be at risk, particularly at night.

While the crime rate in Greece is relatively low, in Athens, one should always take adequate precautions. In case of theft or other criminal activity, the student should contact the program director and/or the Police. (We will do everything possible to assist the student under such circumstances).

Students should avoid going out without friends, especially during late at night. They should not carry valuables, such as jewellery, cameras, camcorders or large amounts of money. They are advised not to hitch-hike or accept rides from strangers

USEFUL TELEPHONE NUMBERS:

Police: 100

Tourist Police: 171

Fire: 199

Hospitals: 166

US Citizens Emergency Aid: (210) 72.12.951

US Embassy: 210 72.12.951-9, 210 72.18.401

US Military Personnel: (210) 98.12.740

International Emergency: 112

Postal Service

The Greek Postal Service delivers anywhere in Greece. Post Offices in Greece are blue with yellow writing, and, in Athens, they can be found throughout the city. The Post Office offers a number of useful services in addition to standard mail service.

If a student wants to send money by post, it is advisable to use a check or convert it into a postal money order. These money orders are a form of check which can be made payable to a named individual and can be issued at any Post Office. Moreover, if the student is in a hurry and wishes a faster way to receive or send money, a Western Union service can be found almost in all Post Offices.

Public Telephones in Greece

When the students arrive they may wish to contact relatives to say that they have arrived safely.

“OTE” is the main provider of public telephone boxes (the booths in Greece are modern and electronic instructions appear when you pick up the receiver). All public telephones have been converted and accept only Greek phone-cards. Public telephones can be found throughout the city. Many “Periptera” (kiosks) also have coin-operated phones. These are often more expensive to use than public card telephones.

The telephone-card can be purchased from any “Periptero” (Kiosk—small local shops usually located on the sidewalk), Post office, and many other outlets. Each card is worth its purchase price in telephone calls. Thus, if you buy a 10€

card, this will allow you to make calls up to the amount of 10€ from public telephones—depending on time used per call, and until the total amount of 10€ is exhausted.

When telephoning abroad from Greece, the international access code is 00.

When telephoning to Greece from abroad it is 0030 (the international country access code). For example, to call New York College:

- From abroad: 0030-210-3242954
- From Greece: 210-3242954

Greek Telephone Enquiries directory can be called by dialling: 11888

Religion

There are places of worship for many faiths in the city of Athens. Current information can be obtained from the program director upon request. The religion of most Greeks is Greek Orthodox Christian.

Sexual Activity

The age of consent is the age at which a person can legally consent to sexual activity with another person. Any sexual activity with a person below the relevant age of consent is a criminal offence.

The age of consent is 18 years and above.

It is illegal in Greece to “solicit” (i.e., offer sexual services in return for money), and to “procure” (i.e. seek out sexual services in return for money). It is also illegal to organize or arrange prostitution.

Shopping in Athens

The Kastrì campus is in Kifisia (one of the finer suburbs of Athens), where upscale shopping is within a short ride from classes.

Additionally, a recently-opened, relatively large, (American-style), enclosed shopping mall (called “The Mall”) is located within a short distance from the campus.

Finally, many shopping centers and shopping areas are located within walking distance of our downtown campus.

The main food supermarkets in the Athens are open from 09:00 to 21:00 from Monday to Friday; and from 09:00 to 18:00 on Saturday. Some supermarkets have “loyalty” cards where you get points for the amount of your purchases. If

you are asked if you want one of these, and decide to get it, do not confuse it with a credit card. These loyalty cards are free of charge.

Many supermarkets and large department stores offer many “specials”. Make sure that you read the information carefully or you may spend more than you planned. A bargain is only a bargain if you can use all the items you have purchased.

Students will also find throughout the city many “Periptera” (kiosks) from which they can purchase newspapers, magazines, small items such as gum, chocolates, cigarettes, as well as soft drinks and in some cases light alcohol such as beer. They are usually open most of the day. Some may be open 24 hours; they have no specific opening hours.

VAT refunds

If you make purchases, adding to more than 120 Euros in a single store, you may ask for a Tax Free Form instead of the regular receipt. You must show the purchases and paperwork to a customs official when you leave the country. Your refund (about 7% of your purchases) may be returned to you directly in the form of cash; may be transmitted to you later by mail; or may be credited to a credit card account as credit.

Transportation

The campus at Kastri is within a 10-minute walk from the Train station. Bus service is also available.

Ticket prices for transportation are the following:

Metro: 0.80c (unlimited routes, valid for 1.5 hours)

6.00€ (one way – Airport)

Bus: 0.80c (unlimited routes, valid for 1.5 hours for all the transportation means, including the metro)

3.00€ (one way – Airport)

Street Car: 0.80c (unlimited routes, valid for 1.5 hours)

It is more convenient, however, to purchase the Monthly Transportation Card which costs 35€. A student may use this card for all the transportation modes as many times as he/she wishes throughout the month. It is issued only during the first 8 days of each new month.

Water

Tap water in Greece is safe to drink. Bottled water is widely available.

Weights and Measures

In Greece, measurement methods are along the European standards. More specifically, solids are measured in kilograms (kg) and grams (g); liquids in litres (l), and millilitres (ml); and lengths are measured in meters (m) and centimeters (cm).

Goods may be available either pre-packaged or in bulk. Before a student wishes to make a purchase, he/she should ascertain the prices and quantities.

Drugstores, Pharmacies, and Prescriptions

Greek pharmacists are licensed, well qualified, professional, and are able to provide advice about all medications and prescriptions. However, they are not doctors and before requesting any medication it is wise that the students consult a physician and receive a prescription.

Medicines

“Special” medications, e.g. those for allergies, should be brought from home, along with a copy of the prescription. If a student needs to bring large quantities of medicines that may raise questions at customs, he/she should bring along a letter from a physician explaining the necessity.

Students may also want to consider bringing a small first aid kit with familiar brands of pain relievers, cold medications, etc. If a student suffers from motion sickness, he/she should bring along a good supply of medication to cover the many bus and boat trips. Furthermore, if a student suffers from respiratory ailments, it is recommended that he/she bring along an extra supply of his/her medication.

11. ORGANIZED EXTRACURRICULAR ACTIVITIES

It should be stressed that all extracurricular activities are organized along specific details, with a view to having our students maximize the benefits one can derive from the participation in such undertakings. In this regard, programs, events, activities, travel, and other details are provided to students in advance, and all particulars are engaged in under the guidance and supervision of group escorts and guides.


Make detailed arrangements for extracurricular activities.

- a. Those to be organized by New York College
 - a. Trips and excursions
 - b. Theatre (Irodion / Epidavros Play)
 - c. Dance
 - d. Night club
 - e. Museums
 - f. Other (Meteora Visit, cruise, Santorini, Patmos, Likavitos, Filopappou, Loutraki-Ireon,
 - g. Sunday Mass – St. George Kiritsis
 - h. Make arrangements to photograph and/or video tape some of the events during the program.
- b. Those requested by the students (recommend a travel agency)
- c. Suggestions by us as possible options for students



The Extra-Curricular Program

Tours & Excursions



Events, activities, and excursions include visits to museums and other local points of interest, and they supplement the classroom experience.

12. SUGGESTIONS FOR PERSONAL ACTIVITIES

In case you need assistance with personal activities during free time, we are ready to provide, what we consider to be, useful suggestions.



13. PROGRAM EVALUATION

At the conclusion of the program, you will have an opportunity to evaluate the entire experience, and make suggestions for improvement.

14. THANK YOU AND BON VOYAGE!!

We promise to send you off with a Bon Voyage Party, and some pleasant surprises!