

Faculty of the Bachelor in Psychology
SUNY – Empire State University

Head of the Psychology Department

Dr. Antonia Svensson Dianellou

Antonia holds a PhD in Developmental Psychology and BSc (hons) in Psychology from Goldsmiths University of London (Unit for School and Family Studies), an MSc in Health Psychology from the University of Surrey, UK and a PGDip in Dance Movement Therapy from the University of Hertfordshire, UK. Apart from heading the Psychology Department since 2015, and her teaching and management responsibilities at NYC, she is a member of the International Advisory Board of the ISPS, a global organization promoting psychotherapy for psychosis. Antonia has conducted research on intergenerational relationships at the National School of Public Health in Athens (funded by the 5th Framework of the European Commission) and at Anglia University, Cambridge (funded by the European Social Fund). Antonia is a licensed Psychologist under Greek law and an experienced counselor-Dance Movement Therapist specialising in work with children, women and vulnerable populations. She oversees the running of the NYC Student Counseling Service and coordinates placements and internships for psychology students. She teaches undergraduate classes in research methods, positive psychology, developmental psychology and Field Internship.

Local Tutors

Ms Nena Gorou

Nena has been a member of New York College since 2012 and has taught many courses across the General Education curriculum. From 1997 to 2011 she served as Instructor of Higher Level Mathematics in the Hellenic Air Force Academy and in the Technical School of the Hellenic Air Force. Ms Gorou has presented papers in various conferences, workshops and congresses, and has published her work in numerous proceedings, as well as in scientific magazines in Greece. She is an active member of the “Hellenic Mathematical Society” and has been awarded twice the “Excellence in Teaching Award” at New York College. She is a graduate of the Mathematics Department of the University of Crete and holds a Master's Degree in Pure Mathematics from the University of Patras. With extensive teaching experience, she has been the Head of the New York College Advising Services and Academic Support since 2017. She teaches undergraduate General Education courses in Math and is also involved organising in the activities and clubs of the NYC Student Affairs Department.

Dr Lindy McMullin

Lindy is a transpersonal psychotherapist, researcher, author and lecturer. She is an expert in positive psychology, personal development and transformative learning and mindfulness. She is the editor of the European Transpersonal Newsletter and is a core member of the European transpersonal research committee. She is a motivational speaker who has presented at a number of international conferences, making every attempt to integrate ancient wisdom and spirituality with modern scientific inquiry. Lindy

is an experienced qualitative researcher, specialised in Appreciative Inquiry. She teaches developmental psychology, positive psychology, counselling and qualitative research methods. She also supervises postgraduate research projects.

Mr. Dimitris Tsiakos

Dimitris has a BSc in Psychology from the University of Crete, and numerous other degrees including an MSc in Basic and Applied Cognitive Science and a Postgraduate Certificate in Clinical Supervision from the University of Derby. Dimitris is the owner and Clinical Director of the Center for Contemporary Psychotherapy & Psychoanalysis in Palaio Faliro. He is an experienced psychotherapist, trainer and clinical supervisor, a practicing individual Cognitive Analytic Therapist and a group psychotherapist. He has completed training in group therapy at the highly respected Yalom Institute of Psychotherapy in the USA. He teaches undergraduate courses in Psychological Testing and Group Psychotherapy. Dimitris is also involved in providing internship placements for students.

Penny Vlagos

Penny has been teaching at NYC since 1999, specializing in teaching Organizational Behaviour, and Human Resource Management. Through her professional experience as an HR Manager, she is able to pass on to her students actual examples from extensive working in both the US and Greece. With a Bachelors degree in International Business and an MBA from Loyola University, she has a wealth of knowledge related to Human Resources and the field of Business Psychology. Penny also frequently invites professionals from HRM and NYC Alumni to speak in her classes. Students greatly enjoy her lively teaching style, her enthusiasm for course material and her approachable manner. In 2022 she was awarded the "Excellence in Teaching Award" at New York College.