

Faculty of the MSc Counselling and Positive Psychology programme

University of Bolton

Head of the Psychology Department

Dr Antonia Svensson Dianellou

Antonia holds a PhD in Developmental Psychology and BSc (hons) in Psychology from Goldsmiths University of London (Unit for School and Family Studies), an MSc in Health Psychology from the University of Surrey, UK and a PGDip in Dance Movement Therapy from the University of Hertfordshire, UK. Apart from heading the Psychology Department since 2015, and her teaching and management responsibilities at NYC, she is a member of the International Advisory Board of the ISPS, a global organization promoting psychotherapy for psychosis. Antonia has conducted research on intergenerational relationships at the National School of Public Health in Athens (funded by the 5th Framework of the European Commission) and at Anglia University, Cambridge (funded by the European Social Fund). Antonia is a licensed Psychologist under Greek law and an experienced counsellor-Dance Movement Therapist specialising in work with children, women and vulnerable populations. She oversees the running of the NYC Student Counseling Service and coordinates placements and internships for psychology students.

Local Tutors

Ms Mary Christopoulou (PhD candidate)

Mary holds a Masters degree in Positive Psychology from Panteion University, Athens, Greece and is currently a PhD candidate of the same department. She also holds a degree in Mass Media and Communication from the National and Kapodistrian University of Athens, a BSc in Psychology and an MSc in Organizational Psychology from the University of Hertfordshire (UK) and is a graduate member of the British Psychological Society. She is currently involved in research activities in the field of Positive Psychology and has recently published a systematic review on the new concept of “grit”. She has worked as a freelance research assistant at EPIPSY, for the purposes of the European School Survey Project on Alcohol and Other Drugs (ESPAD Greece). Mary teaches the “Foundations of Positive Psychology”, which introduces the main concepts of Positive Psychology to MSc students, familiarizing them with new insights, avenues and cutting-edge research in the field, and also supervises postgraduate research projects.

Dr Agathi Lakioti

Agathi Lakioti, PhD is a specialist in Positive Psychology. She has a degree in Psychology from the National and Kapodistrian University of Athens, an MSc in Person-centred counselling, and a doctorate from Panteion University of Social and Political Sciences. Her doctoral research focused on psychotherapy as a “resilience enhancing” factor. From 2016-2018 she participated in the HOPEs EU funded programme (Erasmus+) to introduce Positive Psychology and character education in schools. Dr Lakioti has worked for 3 years as a psychologist providing counselling and psychotherapy for the mobile Mental Health Unit (EPAPSY) in the Cyclades, on the islands of Tinos and Andros. She also has many years of experience working as a counsellor for the Employee Assistance Programme of Hellas EAP

Ltd. and as a Psychologist offering psychoeducational seminars for parents of children with autism and for social empowerment programmes aimed at increasing the access and participation of women in the labour market. Agathi supervises postgraduate research in the area of Positive Psychology.

Dr Lindy McMullin

Lindy is a transpersonal psychotherapist, researcher, author and lecturer. Lindy designs and delivers training programs in personal development and transformative learning. She teaches Mindfulness techniques through the performing arts, is editor of the European Transpersonal Newsletter and is a core member of the European transpersonal research committee. She is a motivational speaker who has presented at a number of international conferences, making every attempt to integrate ancient wisdom with modern scientific inquiry. Lindy is an experienced qualitative researcher, specialised in Appreciative Inquiry, who teaches the MSc module Qualitative Inquiry and also supervises postgraduate research projects.

Ms Evangelia Sachperoglou

Evangelia is a Counseling Psychologist. She has a BA in Psychology from the American College of Greece, and holds two Master's degrees, one in Counseling and one in Health Psychology. She has worked privately as a counseling psychologist for over a decade. During the last five years, she was a Psychology Instructor and Academic Advisor at Zayed University, in the UAE. Evangelia teaches the module Therapeutic Counselling to postgraduate students. She is known for her ability to enthuse her students and transmit knowledge and skills through experiential learning, for example through role play.

Mr. Dimitris Tsiakos

Dimitris has a BSc in Psychology from the University of Crete, and numerous other degrees including an MSc in Basic and Applied Cognitive Science and a Postgraduate Certificate in Clinical Supervision from the University of Derby. Dimitris is the owner and Clinical Director of the Center for Contemporary Psychotherapy & Psychoanalysis in Palaio Faliro. He is an experienced psychotherapist, trainer and clinical supervisor, practicing individual Cognitive Analytic Therapist and group psychotherapist. He has completed training in group therapy at the Yalom Institute of Psychotherapy in the USA. Dimitris is involved in the clinical supervision of postgraduate students.

Dr. Vasiliki Varela

Vasiliki holds a BSc (Hons) in Psychology at the University of East London, MSc in Social Psychology at the London School of Economics (LSE). In 2007, Vicky completed her Ph.D. at University College London's Institute of Cognitive Neuroscience, researching episodic memory retrieval in young eyewitnesses. She completed her post-doctoral training at the prestigious University of Cambridge (in Developmental Psychology) and has since been working as a university lecturer on the subjects of Developmental, Cognitive, Forensic Psychology and Neuropsychology, as well as Research Methods and Statistics. Her research interests include: cognitive neuroscience, decision-making, models, systems and pathologies of memory, attentional processes, language acquisition and disorders, applications of

psychology in forensic settings and music perception. Vasiliki teaches the MSc module Research Methodologies for Counselling and Coaching and also supervises postgraduate research projects.